

Subject: Health and Social Care (BTEC Tech Award 2022)

Year 10 Threshold Concepts – Autumn Term

Half Term 1

Students begin **Component 1: Human Lifespan Development**, learning about:

- The six life stages: infancy, early childhood, adolescence, early adulthood, middle adulthood, later adulthood
- Physical, intellectual, emotional and social (PIES) development
- The difference between growth and development
- Developmental milestones

Half Term 2

Focus moves to:

- **Factors affecting development** (e.g. genetics, environment, relationships, income, lifestyle)
- **Expected and unexpected life events** (e.g. starting school, bereavement, illness)
- How individuals respond to change and the support they may need

Key Content & Skills – Autumn Term

- PIES development and how it changes over time
- Describing and applying key concepts to real individuals
- Introduction to extended writing using case studies

Helpful Links:

- [BBC Bitesize – Human Lifespan Development](#)
- [NHS Careers – Explore Roles](#)
- [Twinkl – Health & Social Care Student Resources](#)
- [Pearson Course Materials & Resources Page](#)
- [Pearson Student Book \(Paid – Amazon\)](#)
- [Pearson Revision Guide & Workbook \(Paid – Amazon\)](#)

How to Support at Home – Autumn Term

- Ask your child to explain the six life stages and examples of development.
- Discuss life events and changes (e.g. moving home, getting a job, losing a loved one).
- Encourage the use of flashcards and weekly vocabulary review.
- Help your child stay organised with folders or digital notebooks for revision.

Year 10 Threshold Concepts – Spring Term

Half Term 3

Students explore:

- How **life factors and events interact**
- The different impacts of life events on individuals
- Writing longer answers about development over time

Half Term 4

They then investigate:

- **Coping strategies and support**
- Differences between **formal** (e.g. GP, teacher) and **informal** (e.g. family, friends) support
- Case study writing and preparation for controlled assessment

Key Content & Skills – Spring Term

- Applying knowledge to real-life examples
- Comparing individual experiences
- Evaluating how and why development can vary
- Building written explanations with reasoning

Helpful Links:

- [Pearson Student Guide \(Free PDF\)](#)
- [BBC Bitesize – Coping with Change](#)
- [Mind – Types of Support](#)
- [NHS – What is Social Care?](#)

How to Support at Home – Spring Term

- Use TV shows, films, or books to talk about how people respond to life events.
- Ask your child to explain how formal and informal support can help people cope.
- Help practise case study responses by discussing examples aloud.
- Support your child to revise in small chunks (10–15 mins a night is ideal).

Year 10 Threshold Concepts – Summer Term

Half Term 5

Students review all content from Component 1 and practise extended writing tasks. They will complete:

- Mock assessments using sample Pearson Set Assignments (PSAs)
- Case study evaluations with teacher feedback

Half Term 6

Students complete the **formal Component 1 controlled assessment** (worth 30% of final grade) under supervised conditions.

They will then begin **introductory lessons for Component 2: Health and Social Care Services and Values** to prepare for Year 11.

Key Content & Skills – Summer Term

- Writing structured, analytical responses
- Interpreting case study evidence
- Revision and exam-style practice
- Introduction to services and care values

Helpful Links:

- [Pearson – Component 1 Sample Assessments \(PSAs\)](#)
- [NHS – What Are Health & Social Care Services?](#)
- [Care Quality Commission – Rights in Care](#)

How to Support at Home – Summer Term

- Support attendance during the **controlled assessment period (May–June 2026)**
- Encourage revision using the Pearson workbook and case study templates
- Review teacher feedback from practice assessments together

- Begin discussing health and care services in the local area and their value to individuals

Looking Ahead – Year 11

From **September 2026**, students will complete **Component 2: Health and Social Care Services and Values**, which explores:

- The different types of health and care services
- Barriers to accessing services (e.g. language, disability, finance)
- The 6 care values and how professionals demonstrate them

Component 2 Controlled Assessment will be completed by December 2026 under supervised conditions.

Pearson Recommended Resources:

- [Pearson Student Book \(Paid – Amazon\)](#)
- [Pearson Revision Guide & Workbook \(Paid – Amazon\)](#)
- [Pearson Course Page \(Specs & Assessment Resources\)](#)

Year 11 Threshold Concepts and Parental Support Guide

This guide outlines key content, skills, controlled assessment deadlines and resources to support students throughout **Year 11** in **BTEC Tech Award in Health and Social Care (2022)**.

Autumn Term

Half Term 1

Students begin **Component 2: Health and Social Care Services and Values**. They will study:

- Health and social care services (e.g. GP, hospital, residential care, domiciliary care)
- Barriers to accessing care (e.g. language, location, disability, culture, finance)
- The difference between health care and social care services

Half Term 2

Students continue with:

- Care values (e.g. promoting dignity, respect, confidentiality, anti-discriminatory practice)
- Application of care values through role-play and written reflection
- How professionals adapt services to meet individual needs

Key Content & Skills

- Identifying services and explaining their purpose
- Describing and analysing barriers to access
- Demonstrating the 6 care values
- Evaluating the importance of effective communication and empathy in care settings

Useful Revision Links:

- BBC Bitesize – Services and Values
- Pearson Component 2 Assessment Info
- Care Quality Commission (CQC) – Care Expectations
- Pearson Student Book (Amazon)
- Pearson Revision Guide & Workbook (Amazon)

How to Support at Home – Autumn Term

- Ask your child to explain what each health and social care service does and who it supports
- Discuss examples of care values they have witnessed or experienced (e.g. in school, hospital, or community)
- Help them revise definitions and examples of barriers to accessing services
- Encourage them to practise explaining how care professionals demonstrate the care values

Spring Term

Half Term 3

Students complete their **Component 2 Controlled Assessment (worth 30%)** under supervised conditions.

Then, students are introduced to **Component 3: Health and Wellbeing**. They will:

HSC KS4

- Learn how to interpret health indicators (e.g. pulse, BMI, blood pressure)
- Understand physical, lifestyle and social factors affecting wellbeing
- Explore how to create a health and wellbeing improvement plan

Half Term 4

Students continue preparing for their **Component 3 externally assessed exam**, developing:

- Analytical skills using case studies
- Decision-making and justification skills
- Written exam techniques and time management

Key Content & Skills

- Reading graphs, data and health monitoring results
- Understanding risks and creating realistic health improvement plans
- Justifying recommendations based on case study needs

Useful Revision Links:

- BBC Bitesize – Health Indicators
- Pearson Sample Assessment Materials – Component 3
- [NHS BMI Calculator](#)
- Mind UK – Lifestyle and Mental Health

How to Support at Home – Spring Term

- Ensure your child completes their **Component 2 controlled assessment by December 2026**
- Encourage revision for **Component 3** using case studies and timed questions
- Discuss health goals and how small lifestyle changes can improve wellbeing
- Support with reading charts and data, using online tools like the NHS BMI calculator

Summer Term

- Students complete their **Component 3 external exam** (40% of final grade)
- Final revision and exam skills workshops
- Exam takes place in **May/June 2027**

Summary of Key Dates

- **Component 1 Controlled Assessment:** May–June 2026 (Year 10)
- **Component 2 Controlled Assessment:** Sept–Dec 2026 (Year 11)
- **Component 3 External Exam:** May–June 2027 (Year 11)